

VJK KB Diksmuide 26: Session: 3: COACH evaluation sheet for TEAM: VZV

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Dezutter Lore

Coaches: Lowagie Bouwdewijn

Coaches: Bartholomeus Pieter HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 27: 100M FREESTYLE WOMEN 13-14 Heat:2, starttime: 08:58

Heat: 2/8 Lane : 6 Athlete: BARTHOLOMEUS FLORIANNE Q-time: 01:06:63

PB (25m pool): 01:06.63 Brugge 04/10/2026 PB (50m pool): 01:06.87 SB: 01:06.63 Brugge 04/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.75		01:06.63	
		00:32.75		00:33.88	
					

Coach feedback:

Event number: 31: 200M MEDLEY WOMEN 11-12 Heat:10, starttime: 10:04

Heat: 10/10 Lane : 7 Athlete: LOWAGIE LILY Q-time: 02:40:99

PB (25m pool): 02:40.99 Brugge 04/10/2026 PB (50m pool): 02:43.70 SB: 02:40.99 Brugge 04/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.05		01:18.96		02:04.35		02:40.99
		00:36.05		00:42.91		00:45.39		00:36.64
								

Coach feedback:

Event number: 37: 200M MEDLEY WOMEN 13-14 Heat:3, starttime: 11:39

Heat: 3/6 Lane : 8 Athlete: BARTHOLOMEUS FLORIANNE Q-time: 02:43:67

PB (25m pool): 02:45.37 Menen 01/05/2026 PB (50m pool): 02:43.67 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.91		no time		no time		02:45.37
		00:36.91						
								

Coach feedback: